

December 12, 2018



Give Kids a Chance this Holiday Season!

Donations to the [Give Kids a Chance Charity](#) help children in Saskatchewan who face barriers to participation, such as access to facilities, transportation and lack of nutrition. We leverage community resources and create partnerships to increase accessibility for children and youth to access structured sport, culture and recreation activities in their communities. The current programs supported include:

- Dream Brokers
- Jumpstart Afterschool Program
- KidSport
- Northern Community & School Recreation Coordinator Program

DONATE TODAY

Coaches Professional Development Day

Mental health is an important issue, and is especially relevant in today's sport world. Stress, pressure and performance standards affect not only athletes but coaches as well, and can put strain on one's mental health and wellness levels. Taking time to prioritize the self and one's energy levels can have a

significant impact on being able to ensure that mental well-being is properly addressed. This session is hosted by the Canadian Sport Centre Saskatchewan, and will:

- examine issues that coaches experience that create stress and disruptions to mental wellness,
- explore the different ways that mental wellness can be disrupted, and
- identify tools and strategies that coaches can use to prioritize their mental health.

Register for Saskatoon, Jan. 29, 11:30 a.m. – 1:30 p.m. [HERE](#)

Register for Regina, Jan. 31, 2019, 11:30 a.m. – 1:30 p.m. [HERE](#)

Sask Spotlight

Roseline Stonechild

Roseline Stonechild has never been one to shy away from a new activity. Thanks to her involvement in the Dream Broker program at Sacred Heart School in Regina for seven years (between 2011-18), Roseline was presented with the opportunity to participate in over ten programs, including multiple sport, culture and recreation activities; this helped her gain plenty of new skills, abilities and interests, and culminated in a scholarship to attend Athol Murray Collegiate of Notre Dame.



[READ MORE](#)

RBC Training Ground - SAVE THE DATE!!!

If you're an athlete between the ages of 14-25 competing in an Olympic sport and are interested in pursuing that sport at a higher level, or if you have NAIG 2020 in your sights...you'll want to attend the RBC Training Ground qualifiers in Saskatchewan! **Saskatoon's event** will be held on **Saturday, Feb. 23, 2019**, at the Henk Ruys Soccer Centre. **Regina's event** will be held on **Saturday, April 27, 2019**, at the Regina Field House.

The RBC Training Ground is a talent identification and athlete funding program designed to uncover athletes with Olympic potential and provide them with the high-performance sport resources they need to achieve their podium dreams.

November KidSport Volunteer of the Month



Alison Fulkerth

Alison Fulkerth joined the Lloyminster chapter of KidSport 18 years ago, and has been the Chair of the chapter for the past five years.

“Getting involved in KidSport at any level—from flipping pancakes at a fundraiser breakfast to sitting on the committee—will give you warm, fuzzy feelings as you know that you are helping put smiles on children’s faces,” Fulkerth explains.

[READ MORE](#)

Job Opportunities

[Town of La Ronge - Parks & Recreation Worker](#)

[Saskatchewan Sports Hall of Fame - Curator](#)

[Jumpstart Afterschool Program - Leadership Mentor](#)

Mark Your Calendars

**Sport For Life
Canadian
Summit 2019**

Jan 22-24, 2019

Gatineau, QC

sportforlife.ca

**Coaches
Professional
Development
Day**

Jan 29, 2019

Saskatoon

[To Register](#)

**Coaches
Professional
Development
Day**

Jan 31, 2019

Regina

[To Register](#)

**2019 Canada
Winter Games**

Feb 15-Mar 3,
2019

Red Deer, AB

[2019canadagames.c
a](http://2019canadagames.ca)

**RBC Training
Ground**

Feb 23, 2019

Henk Ruys Soccer
Centre, Saskatoon

**2019 Special
Olympics World**

Mar 14-21, 2019

Abu Dhabi, UAE

specialolympics.ca

Summer Games

RBC Training Ground

April 27, 2019

Regina

International Physical Literacy Conference

May 7-10, 2019

Winnipeg, MB

[Sport for Life](#)

2019 Tony Cote Summer Games

July 14-19, 2019

Flying Dust First Nation

tonycotegames.ca

Baseball Canada Cup U17 Championships

Aug 7-11, 2019

Regina

baseball.ca

2019 Western Canada Summer Games

Aug 9-18, 2019

Swift Current

2019wcsq.ca

2020 Saskatchewan Summer Games

Summer 2020

Lloydminster

saskgames.ca

Together, we all win!

When you buy a lottery ticket, you help Saskatchewan Lotteries fund over 12,000 sport, culture, recreation and community groups. It makes life better for people and communities across Saskatchewan, and together, we all win!



[Find out who benefits and read beneficiary stories.](#)



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