

Why do children play sports?

childrenⁱⁿ sport

A FUNdamental skills development program

1. To have **FUN!**
2. To improve skills
3. To make new friends
4. To be good at something
5. For excitement
6. To get exercise
7. To play as part of a team
8. For the challenge
9. To learn new skills
10. To win

Research shows children always put FUN at the top of their list.

Let's remember why our children want to play sports, and we'll all end up winning!

Learn more at www.sasksport.sk.ca



SPORT IT'S MORE THAN A GAME™