

Saskatchewan Sport Awards Guest Speaker

Michael Mintenko



A native of Moose Jaw, Mike Mintenko is a former Olympic swimmer who specialized in freestyle and butterfly. As a member of the national swim team from 1997 to 2005, Mintenko set 16 Canadian records and competed at the 2000 and 2004 Summer Olympic Games. He was selected by his teammates to be the men's swim captain for the 2001 and 2003 World Championships, as well as the 2002 Commonwealth Games. At the 2000 Sydney Olympics, Mintenko placed fifth in the 100m butterfly and set a Canadian record. In 2003, he was Canada's top international performer with seven medals and a Canadian record in 50m butterfly. Since 2001, Mintenko has been sponsored by Speedo, serving as their spokesperson and motivational speaker. In recognition of his outstanding contribution to Canada, Mintenko was awarded the 2003 Queen's 50th Golden Jubilee Medal. He was a recipient of the Sask Sport Inc. Male Athlete of the Year Award in 2000.

Mintenko holds a Bachelor of Science degree in Sport and Fitness Management from the University of Nevada, Las Vegas. He and his wife Lindsay Benko, a two-time Olympic gold medalist, live in Colorado with their daughter Madison.