

Jacqueline Rennebohm wins Gold at Para Pan Am Games

Jacqueline Rennebohm won a Gold medal at the Para Pan Am Games in Rio in the 400 free for the visually impaired classifications. Her time in morning prelims was 5:44.08 and then 5:44.48 in the final.

As quoted in the Swimming Canada Press release, Jacqueline said: "This is a great preparation for the Paralympics; I've learned that I can control myself. I just want to keep performing like I did tonight and follow my game plan. I view every opportunity here as a challenge."

Jacqueline has also swum the 100 free and finished 7th with a time of 1:11.96. She just finished her prelim swim in 100 Breast earlier today (Wed Aug 15) and finished 4th with a time of 1:36.61.

Swimming competition at the Para Pan Am Games continues through to Saturday and Jacqueline will be swimming 200 IM, 100 Fly and 50 free before the end of the competition.

Swim Saskatchewan congratulates Jacqueline on her Gold medal and wishes her continued good luck in Rio and in pursuit of her goal of competing in Beijing next year at the 2008 Paralympics.

Complete results can be found at:

<http://www.rio2007.org.br/data/pages/8CA3C78414513F4B01145CD040472B4B.htm>

For more information visit: <http://www.swimsask.ca/>