

## **Nominees announced for Sask Sport Inc. December Athlete of the Month Award**

The following athletes have been nominated for the 2007 Sask Sport Inc. December Athlete of the Month Award:

- Lucas Makowsky, 20, Regina. Makowsky competed at the Canadian Single Distance Championships in Calgary, placing first in the 10,000m and fourth in both the 1500m and the 5000m. Thirty skaters were represented in Makowsky's events. His achievements qualify him to compete in the World Cup Circuit. He was nominated by the Saskatchewan Amateur Speed Skating Association.
- Kendra Schaaf, 17, Craven. Schaaf won the 2007 Canadian Cross Country Junior Women's Championship in Ontario and also helped the Saskatchewan team to win the Branch/Regional Championships. Schaaf's results qualify her to compete at the 2008 World Cross Country Championships in Scotland. She was nominated by Saskatchewan Athletics.
- Andrew Makosiej, 14, Saskatoon. At the 2007 Scotia Bank Prairie Winter International in Winnipeg, Makosiej won gold in the 200 Free, the 1500 Free, the 200 IM and the 400 IM. He also won three silver medals in the 400 Free and the 100 and 200 Fly, and placed fourth in the 100 Back. Makosiej set a Meet Record and a provincial record in the 13 and 14 Male 400 Free. In all eight events, Makosiej set a personal best. Fifty athletes participated in Makosiej's level at the competition. Makosiej's results qualify him to compete at the 2008 Western Canadian Championships in Victoria. He was nominated by Swim Saskatchewan.

The recipient will be named tomorrow. For more information, contact Pat Rediger at (306) 780-9307 or email [prediger@sasksport.sk.ca](mailto:prediger@sasksport.sk.ca).