



Media Release

February 1, 2010

For immediate release

Lucas Makowsky named Sask Sport Inc. December Athlete of the Month

Lucas Makowsky is the Sask Sport Inc. December Athlete of the Month.

Makowsky, 22, competed in the 2009 Canadian Single Distance Championships as part of the National Olympic Trials for long track speed skating. At this event, he finished first in both the 5000m and 1500m events. As a result of this placing, he qualified for the 2010 Olympic Winter Games. Makowsky also competed in World Cup #4, finishing second in Team Pursuit, tenth in the 1500m, and seventeenth in the 5000m. He also competed at World Cup #5, where he finished third in Team Pursuit, eighth in the 1500m, and twentieth in the 5000m.

Makowsky was nominated by the Saskatchewan Speed Skating Association.

For more information, contact Pat Rediger at (306) 780-9307 or email prediger@sasksport.sk.ca.

For information regarding the Athlete of the Month Awards program, including previous nominees and recipients, visit www.sasksport.sk.ca/awards.php

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