



Media Release

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For immediate release

Sask Sport Inc. Announces the December Athlete of the Month Award Recipient

Bree Crookshanks of Regina is the recipient of the Sask Sport Inc. December Athlete of the Month Award. She was nominated by Swim Saskatchewan.

Crookshanks competed in the Thunderbolt Junior International Swim Meet, which consisted of 200 swimmers from three countries. She finished sixth in the 200m breaststroke and earned tenth place finishes in the 50m breaststroke and 100m breaststroke. She twice broke the 15-to-17 girls provincial record in the 200m breaststroke -- in the preliminary round and finals. She also broke the senior/open record in the finals.

Crookshanks qualified for the Canadian Swimming Championships and Trials due to her performance. It was the first time she has achieved a Canadian Swimming Championships qualifying time and she is now able to compete at senior national level meets.

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For more information, contact Pat Rediger at 780-9307 or email prediger@sasksport.sk.ca

For information regarding the Athlete of the Month Awards program, including previous nominees and recipients, visit www.sasksport.sk.ca/awards.php

For the latest in amateur sport news, visit www.sasksport.sk.ca