

Sask Sport Inc. Programs & Resources



Sask Sport Inc.

www.sasksport.sk.ca

Are you looking for information on Sask Sport's programs and who to contact? Want to find coach and athlete resources? Looking for the latest news in amateur sport in Saskatchewan? How about ways to make donations to amateur sport? You'll find information about all this and more on the Sask Sport Inc. website - www.sasksport.sk.ca



SPORT. It's More Than A Game

www.sasksport.sk.ca/simtag.php

SPORT. It's More Than A Game is a campaign that promotes the benefits of participating in sport. Watch for new promotional materials such as posters & table cards coming soon at www.sasksport.sk.ca/simtag.php



Coaches Association of Saskatchewan

www.saskcoach.ca

The Coaches Association of Saskatchewan (CAS) is a membership organization of coaches managed by a volunteer board of directors representing all aspects of coaching. CAS is the leader in coach development and recognition, providing quality programs and services to Saskatchewan coaches of all sports at all levels. Visit our website at www.saskcoach.ca for information on coaching programs and services, NCCP multi-sport workshops, or the benefits of becoming a CAS member. For more information, contact Mark Bracken at (306) 780-9313 or email at mbracken@sasksport.sk.ca.



National Coaching Certification Program

www.coach.ca

The National Coaching Certification Program is the recognized standard for coach training and certification in Canada. NCCP workshops are designed to meet the needs of all types of coaches, from the first-time community coach to the head coach of a national team. If you are looking for sport specific NCCP coach training contact your Provincial Sport Governing Body. For NCCP multi-sport or theory based training contact the Coaches Association of Saskatchewan at (306) 780-9313 or coach@coach.sk.ca. Every Athlete Deserves a NCCP Trained Coach!



KidSport™

www.kidsport.ca/sk

KidSport™ is a national children's charity dedicated to assisting children from families facing financial obstacles to participate in community sport programs. All children deserve to receive the benefits (mental, physical, social and personal development) that come from sport participation. Start-up support is available to communities interested in establishing a Local KidSport™ committee to support children in their own community. In 2009, over 13,300 kids were assisted by receiving \$671,822 in grants to participate in community sport programs.

Children in Sport

www.sasksport.sk.ca/cis/cis.html

Children in Sport is a program designed for parents, coaches, teachers and program leaders wanting to provide children a positive, healthy sport experience. Aligned with the principles of *Canadian Sport for Life*, CIS focuses on the fundamental movement skills children need before entering into more competitive sports, thus providing the foundation for positive life-long experiences in sport. This program has a variety of resource materials including: *A Guide for Parents*, *A Resource Manual for Sport Leaders*, bookmarks and posters.



Sport Legacy Fund

www.sasksport.sk.ca/sportLegacy.php

The Sport Legacy Fund is a gift-giving program established for the continued and future development of amateur sport in Saskatchewan. It encourages those who have benefited from sport, or who believe in the value of sport, to give something back for current and future generations. Various tax deductible gift giving options are available. Amateur sport needs your support! For more information, contact Dean Kleisinger at (306) 780-9336 or by email at dkleisinger@sasksport.sk.ca.

www.sasksport.sk.ca

Canadian Sport for Life



Canadian Sport for Life

www.sasksport.sk.ca/CS4L

Canadian Sport for Life (CS4L) is a national movement to change and improve the Canadian Sport System. It aims to ensure all Canadians have the opportunity to participate in quality sport and physical activity, throughout their lifetime. The CS4L acknowledges the vital connection between sport, community recreation, health care and education in promoting children's health and active living. The *Canadian Sport for Life* initiative is based on Canada's Long Term Athlete Development (LTAD) framework which emphasizes developmentally appropriate sport programs (skill development, training, competition and rest) for all Canadians. For more information, contact Warren Proctor at (306) 975-0805 or by email at wproctor@sasksport.sk.ca.

Canadian Sport Centre Saskatchewan

www.csc-sask.ca

The Canadian Sport Centre Saskatchewan provides a comprehensive range of Performance Enhancement, Support Services and Life Services for Saskatchewan's high performance athletes and coaches, covering aspects of life inside and outside of the sport world. The centre works in partnership with national and provincial sport organizations to ensure athletes have access to programs and facilities that support them in their quest to achieve their dreams.



Team Sport Speakers Bureau

www.sasksport.sk.ca/TeamSportSpeakers.php

The Team Sport Speakers Bureau provides groups with the opportunity to hear provincial, national, and world-class athletes, coaches and administrators share their message on various topics. These topics include setting and achieving goals, the importance of sport and teamwork, the importance of sport and education, what sport has done for me, and what it takes to be a high performance athlete. This program has been developed for school-aged children, but can be modified for non-school settings. For more information, contact Michelle Dezell at (306) 975-0861 or by email at mdezell@sasksport.sk.ca.



Aboriginal Coaches and Officials Program

www.saskcoach.ca/aboutACOP.php

Saskatchewan has a thriving community of Aboriginal athletes who compete at the community level and across the country. The Aboriginal Coaches and Officials Program (ACOP) is committed to increasing the number of qualified Aboriginal coaches and officials in Saskatchewan. Coaches and officials provide the foundation of the volunteer amateur sport system. This initiative supports barrier free opportunities for certification to programs such as the Introduction to Coaching Workshop, Aboriginal Coaching Modules, and Introduction to Competition: Part A & B, NCCP Sport Specific Clinics and Officials Clinics. For more information, contact the Aboriginal Coaches and Officials Program Coordinator toll-free at 1-888-319-2267.



Aboriginal Excellence

www.sasksport.sk.ca/aboriginalExcellence.php

Aboriginal Excellence is committed to improving Aboriginal athletes' development in high performance sport. The program strives to increase participation and leadership opportunities for First Nation and Métis athletes, coaches, officials and volunteers. The program is aimed at developing and preparing athletes for major competitions in sport, with a focus on the North American Indigenous Games. Aboriginal Excellence enables Aboriginal people to experience and enjoy sport involvement and perform consistently and successfully at higher levels of sport competition.



Aboriginal Community Sport Grant Program

www.sasksport.sk.ca/funding.php

The purpose of the Aboriginal Community Sport Grant Program is to provide greater sport participation and development opportunities for Aboriginal youth in Saskatchewan. The program focuses on increasing the development of new community sport opportunities for children and youth aged five to fourteen. It also provides support for equipment, league fees, facility access and volunteer development. For more information, please contact Wanda Cameron at (306) 975-0810 or email wcameron@sasksport.sk.ca.



Saskatchewan Aboriginal Resources

www.saskaboriginalresources.ca

The Saskatchewan Aboriginal Resources website provides easy access to tools, resources, information and contacts that will be of assistance to community leaders in the development and implementation of sport, culture and recreation programs in Saskatchewan communities.



Elimination of Racism in Sport & Recreation

www.sasksport.sk.ca/wlpt

An Elimination of Racism in Sport & Recreation program guide is available to assist community professional and volunteers in developing relationships between First Nations, Métis and Non-Aboriginal communities. This guide is a step-by-step resource focused on getting diverse communities to work, live and play together.

Sask Events

www.saskevents.com

SaskEvents.com is your one stop destination for event information and event planning resources. Search for a favourite event or download information to help plan an event. It's what's happening in Saskatchewan.

Athlete of the Month Award

www.sasksport.sk.ca/awards.php

The Athlete of the Month Award is presented to a Saskatchewan athlete who has had an outstanding performance during a month. Nominations may be made by provincial sport organizations, the media or the public. All nominations are subject to approval by the provincial sport organization. The award is open to teams and to individuals who perform solo or on a team. Recipients may not win more than once every calendar year.



Saskatchewan Sport Awards

www.sasksport.sk.ca/SportAwards

The Saskatchewan Sport Awards salutes Saskatchewan's amateur athletes, volunteers and coaches for their outstanding achievements in amateur sport and celebrates the many benefits of sport. The Saskatchewan Sport Awards include the Athlete of the Year awards, the Volunteer recognition awards and the Saskatchewan Coaching Awards. Athletes, volunteers and coaches are nominated through their Provincial Sport Governing Bodies.



RespectED for Sport, Culture & Recreation

www.sasksport.sk.ca/respectED.php

This program developed by the Canadian Red Cross, Saskatchewan Parks and Recreation Association, SaskCulture, and Sask Sport Inc. has the goal of "Supporting Participation Free from Abuse, Harassment and Bullying". This goal will be met by offering a number of support services including: educational workshops on a variety of topics; support for leaders, coaches and instructors; assistance in developing and implementing abuse and harassment policies; and response procedures at the grassroots level. Sask Sport Inc. believes in offering sport programs that are healthy, safe and fun for all participants. The toll-free phone number for coaches, program leaders and parents is 1-866-773-5777 or by email at rdcross@sasktel.net. For more information, contact Noreen Murphy at (306) 975-0898 or by email at nmurphy@sasksport.sk.ca.



Respect In Sport

www.respectinsport.com

The Respect In Sport Program is an online training program for coaches to help educate and prevent incidents of abuse, harassment and bullying in sport and recreation settings. This interactive course is able to be completed at the learner's own pace allowing coaches to be educated about creating positive sporting environments for all participants. This program is offered to Saskatchewan coaches through a sponsorship with Saskatchewan Credit Unions and the Canadian Red Cross. For more information on how to participate in this program, contact Noreen Murphy at (306) 975-0898 or by email at nmurphy@sasksport.sk.ca.



Women in Sport

www.sasksport.sk.ca/womenInSport.php

The Women in Sport program is designed to increase the number of women involved in sport at the community and high performance level in coaching and leadership roles. In partnership with organizations such as the Canadian Association for the Advancement of Women in Sport and Recreation (CAAWS), Saskatchewan Parks and Recreation Association, and Saskatchewan *in motion*, a variety of workshops and support materials are available. These workshops are created to be stand alone events or as "value added" programs to existing conferences or special events. For more information, contact Noreen Murphy at (306) 975-0898 or by email at nmurphy@sasksport.sk.ca.



Saskatchewan *in motion*

www.saskatchewaninmotion.ca

Saskatchewan *in motion* is a province-wide movement aimed at increasing physical activity to achieve health, social, environmental and economic benefits. The movement has grown to include thousands of individuals and hundreds of communities, schools, workplaces, champions and leaders. For information and inspiration, go to www.saskatchewaninmotion.ca or call toll-free 1-866-888-3648.



Saskatchewan Summer and Winter Games

www.saskgames.ca

The Saskatchewan Games provide an opportunity for the province's developing athletes, coaches, and officials to participate in a multi-sport event in preparation for a higher level of competition. The games not only compliment the provincial sport governing bodies long term athlete and coach developmental plans, they also enhance the host community through a sport legacy of upgraded equipment, facilities, experienced officials, and a core group of volunteers. The Saskatchewan Games motivate participants to achieve a higher level of sport skill and physical well being.



OVTC - Online Volunteer Training Centre

www.ovtc.sk.ca

Volunteers are the foundation of the amateur sport system in Saskatchewan. Sask Sport Inc. recognizes the importance of continuing to develop our volunteers ensuring that the next generation of volunteers has the skills required to meet future needs. The Online Volunteer Training Centre delivers key education and training opportunities throughout the volunteer system. Participants are able to select, register and complete an on-line training program at no charge. For more information, contact Noreen Murphy at (306) 975-0898 or by email at nmurphy@sasksport.sk.ca.



Saskatchewan Districts for Sport, Culture and Recreation

www.sasksport.sk.ca/districts.php

There are nine Sport, Culture and Recreation Districts in Saskatchewan. Each District is a non-profit organization governed by a volunteer board of directors. The mandate of the District organizations is to facilitate community development and coordinate District networks with the aim of enhancing access to sport, culture and recreation programs and services in the province. Districts help communities assess their needs and provide services and information to help them access a wide range of the sport, culture and recreation programs and services that can enhance quality of life and community vitality through increased participation.

The districts are as follows:

Southeast Connection Sport, Culture and Recreation District - www.southeastconnection.ca

ReginaSport District Inc. - www.reginasport.ca

South West District for Culture, Recreation and Sport - www.swdcrs.ca

Parkland Valley Sport, Culture and Recreation District - www.parklandvalley.ca

Prairie Central District for Sport, Culture and Recreation - www.pcdscr.ca

Saskatoon District Sports Council - www.saskatoonsportscouncil.ca

Rivers West District for Sport, Culture and Recreation - www.riverswestdistrict.ca

Lakeland District for Sport, Culture and Recreation - www.lakelanddistrict.ca

Northern Sport, Culture and Recreation District - www.nscrd.com

Saskatchewan Sports Organizations

www.sasksport.sk.ca/psgbs.php

Provincial Sport Governing Bodies (PSGBs) foster, develop, promote and regulate the playing and officiating of their sport. They provide professional guidance, ensure safety, sanction events, oversee competition, provide insurance, set rules, raise money, acquire sponsorships and train athletes, coaches and officials.

The Provincial Sport Governing Bodies are as follows:

Saskatchewan Archery Association - www.saskarchery.com

Saskatchewan Athletics - www.saskathletics.ca

Saskatchewan Badminton Association - www.saskbadminton.ca

Saskatchewan Baseball Association - www.saskbaseball.ca

Basketball Saskatchewan - www.basketballsask.com

Saskatchewan Baton Twirling - www.saskbaton.com

Saskatchewan Blind Sports Association - www.saskblindsports.ca

Bowls Saskatchewan Inc. - www.bowls.sk.ca

Bowling Federation of Saskatchewan - www.saskbowl.com

Boxing Saskatchewan Inc. - www.boxingsask.com

Saskatchewan Broomball Association - www.saskbroomball.ca

Canoe Kayak Saskatchewan - www.saskcanoe.ca

Coaches Association of Saskatchewan - www.saskcoach.ca

Saskatchewan Curling Association - www.saskcurl.com

Saskatchewan Cycling Association - www.saskcycling.ca

Saskatchewan Darts Association Inc. - www.saskdarts.com

Dive Sask - www.divesask.ca

Saskatchewan Deaf Sports Association - www.saskdeafsports.ca

Saskatchewan Fencing Association - www.saskfencing.com

Saskatchewan Field Hockey Association - www.saskfieldhockey.ca

Football Saskatchewan - www.footballsaskatchewan.ca

Saskatchewan Golf Association - www.saskgolf.ca

Gymnastics Saskatchewan - www.gymsask.com

Saskatchewan Handball Association - www.accesscomm.ca/nonprofits/sha

Saskatchewan Handgun Association - www.saskhandgun.ca

Saskatchewan Hockey Association - www.sha.sk.ca

Saskatchewan Horse Federation - www.saskhorse.ca

Horseshoe Saskatchewan Inc. - www.saskhorseshoe.ca

Judo Saskatchewan - www.judosask.ca

Saskatchewan Karate Association - www.saskarate.com

Saskatchewan Lacrosse Association - www.sasklacrosse.net

Saskatchewan Martial Arts Association - <http://saskmaa.com>

Saskatchewan Racquetball Association - www.racquetballsask.ca

Saskatchewan Provincial Rifle Association - www.saskrifle.ca

Ringette Association of Saskatchewan - www.ringettesask.com

Saskatchewan Rowing Association - www.saskrowing.ca

Saskatchewan Rugby Union Inc. - www.saskrugby.com

Saskatchewan Sailing Clubs Association - www.sasksail.com

Saskatchewan Games Council - www.saskgames.ca

Saskatchewan High School Athletic Association - www.shsaa.ca

Skate Canada Saskatchewan - www.skatecanadasaskatchewan.com

Saskatchewan Skeet Shooting Association - www.shotgunsports.sk.ca

Saskatchewan Ski Association - www.saski.ca

Saskatchewan Provincial Small Bore Association - www.spsba.ca

Soaring Association of Saskatchewan - www.soar.sk.ca

Saskatchewan Soccer Association - www.sasksoccer.com

Softball Saskatchewan - www.softball.sk.ca

Special Olympics Saskatchewan Inc. - www.specialolympics.sk.ca

Saskatchewan Amateur Speed Skating Association - www.saskspeedskating.ca

Saskatchewan Sports Hall of Fame Museum - www.sshfm.com

Sport Medicine and Science Council of Saskatchewan - www.smscs.ca

Sport Parachute Association of Saskatchewan Inc. - www.skydive.sk.ca

Saskatchewan Squash Inc. - www.sasksquash.org

Swim Saskatchewan Inc. - www.swimsask.ca

Synchro Saskatchewan - www.synchrosask.com

Saskatchewan Table Tennis Association - www.skttta.ca

Saskatchewan WTF Taekwondo Association - www.saskwtf.com

Saskatchewan GTF Taekwon-Do Inc. - www.saskgtf.com

Saskatchewan Team Handball Federation - www.saskhandball.com

Tennis Saskatchewan - www.tennissask.com

Saskatchewan Amateur Trapshooting Association - www.shotgunsports.sk.ca

Saskatchewan Triathlon Association - www.triathlonsaskatchewan.org

University of Regina, Faculty of Kinesiology and Health Studies - www.uregina.ca/kinesiology/

University of Saskatchewan, College of Kinesiology - www.usask.ca/kinesiology

Saskatchewan Volleyball Association - www.saskvolleyball.ca

Water Polo Saskatchewan - www.wpsask.ca

Water Ski and Wakeboard Saskatchewan - www.wswsask.com

Saskatchewan Weightlifting Association - www.saskweights.ca

Saskatchewan Wheelchair Sports Association - www.swsa.ca

Saskatchewan Amateur Wrestling Association - www.saskwrestling.com

Saskatchewan Lotteries is the fundraiser for more than 12,000 sport, culture, recreation and community groups in Saskatchewan. Check your lottery numbers, learn about your favourite games, read about recent winners and discover where the money goes.

www.sasklotteries.ca

