



SASK SPORT INC. PROGRAMS & RESOURCES 2017



SASK SPORT INC.

www.sasksport.sk.ca

Are you looking for information from Sask Sport but don't know who to contact? Want to find coaches, officials, athlete or organizational resources? Looking for the latest news in amateur sport in Saskatchewan? You'll find information about all this and more on the Sask Sport Inc. website at www.sasksport.sk.ca

SPORT. IT'S MORE THAN A GAME

www.sasksport.sk.ca/simtag.php

SPORT. It's More Than a Game is a campaign that promotes the benefits of participating in sport. Promotional materials such as posters & table cards are available from Sask Sport. Orders can be placed at www.sasksport.sk.ca/simtag.php

PLANNING COMMUNITY SPORT - A WORKBOOK FOR COMMUNITIES

This workbook tool can help communities build and maintain active sport programs for children and youth. Sport is a significant part of community unity and provides benefits such as healthy lifestyles, self-discipline, and positive self-esteem for individuals. A PDF of the workbook can be downloaded from www.sasksport.sk.ca/pdf/PlanningCommunitySport_Workbook.pdf

CANADIAN SPORT FOR LIFE

www.sasksport.sk.ca/CS4L

Canadian Sport for Life (CS4L) is a national movement to change and improve the Canadian Sport system. It aims to ensure all Canadians have the opportunity to participate in quality sport and physical activity, throughout their lifetime. CS4L acknowledges the vital

connection between sport, community recreation, health care and education in promoting children's health and active living. The Canadian Sport for Life initiative is based on Canada's Long Term Athlete Development (LTAD) framework which emphasizes developmentally appropriate sport programs (skill development, training, competition and rest) for all Canadians. Contact: Warren Proctor at (306) 975-0805 wproctor@sasksport.sk.ca

PARASPORT CLUB DEVELOPMENT AND SPORT EQUIPMENT GRANTS

www.sasksport.sk.ca/parasport.php

These grants were created to provide financial assistance for the purchase of Parasport equipment and support Parasport club development so more people with disabilities can participate in organized sport programs in Saskatchewan. These programs are made possible through financial contributions from the Saskatchewan Lotteries Trust Fund for Sport, Culture & Recreation and are administered through Sask Sport Inc. Active and Affiliate members of Sask Sport Inc. are eligible to apply. In addition, local or community clubs/organizations can apply with the endorsement of an Active/Affiliate member of Sask Sport Inc. Application deadlines are April 1st and October 1st of each year. To download application forms visit www.sasksport.sk.ca/parasport.php. Contact: Michelle Dezell (306) 975-0861 or by email at mdezell@sasksport.sk.ca

PARASPORT WEBSITE

Know someone who may have a disability and would like to be involved in sport but does not know what is available or where to join? Check out the revised Parasport section of the Sask

Sport website. It includes pictures and photos of various sports along with club contacts for those groups that have been recipients of Parasport grants and now actively offering program opportunities. The website can be accessed at www.sasksport.sk.ca/Parasport

COACHES ASSOCIATION OF SASKATCHEWAN

www.saskcoach.ca

The Coaches Association of Saskatchewan (CAS) is a membership organization of coaches managed by a volunteer board of directors representing all aspects of coaching. CAS is the leader in coach development and recognition, providing quality programs and services to Saskatchewan coaches of all sports at all levels. Visit our website at www.saskcoach.ca for information on coaching programs and services, NCCP multi-sport workshops, or the benefits of becoming a CAS member. Contact: Greg Perreux at (306) 780-9313 or coach@sasksport.sk.ca

ABORIGINAL COACHES AND OFFICIALS PROGRAM

www.saskcoach.ca/aboutACOP.php

Saskatchewan has a thriving community of Aboriginal athletes who compete at the community level and across the country. The Aboriginal Coaches and Officials Program (ACOP) is committed to increasing the number of qualified Aboriginal coaches and officials in Saskatchewan. Coaches and officials provide the foundation of the volunteer amateur

sport system. This initiative supports barrier free opportunities for certification programs such as the Introduction to Coaching Workshop, Aboriginal Coaching Modules, and Introduction to Competition: Part A & B, NCCP Sport-Specific Clinics and Officials Clinics. Contact: Michael Linklater, Coaching and Officials Development Coordinator, (306) 975-0865 or by email at minklater@sasksport.sk.ca

ADVANCED COACHING DIPLOMA

www.coach.ca

The Advanced Coaching Diploma (ACD) aims to develop coaches who are capable of preparing athletes for podium success at Provincial and/or National level competitions. Through the ACD coaches will participate in the Coaching Association of Canada Advanced Coaching Diploma. The Diploma consists of four core themes: Coaching Leadership, Coaching Effectiveness, Performance Planning, and Training and Competition Readiness. For advanced NCCP multi-sport or theory based training contact: Noreen Murphy, ACD Director (306) 975-0898 nmurphy@sasksport.sk.ca

OFFICIALS DEVELOPMENT

www.sasksport.sk.ca/officials.php

The Officials Development area within Sask Sport Inc. is responsible for ongoing Officials Development support to the membership of Sask Sport. Planned actions include providing multi-sport training and professional development opportunities for officials in Saskatchewan, increasing the awareness of the importance of officials to sport, and providing tools that will assist with officials recruitment, retention and recognition efforts. Contact: Greg Perreux (306) 780-9313 gperreux@sasksport.sk.ca

RESPECT IN SPORT FOR COACHES & LEADERS

www.sasksport.sk.ca/RiS

Respect in Sport (RiS) is an online educational program to assist coaches and sport leaders in identifying abuse, bullying, harassment and neglect in sport. Sask Sport Inc. requires this program for all active, registered coaches of our provincial sport membership. The goal is to help provide a safer and more respectful sporting environment for all to participate. The online training program is provided free of charge for all coaches and sport leaders. For more information or to this program visit www.sasksport.sk.ca/RiS. Contact: Noreen Murphy at (306) 975-0898 or by email nmurphy@sasksport.sk.ca

RESPECTED FOR SPORT, CULTURE & RECREATION

www.sasksport.sk.ca/respectED.php

This program developed by the Canadian Red Cross, Saskatchewan Parks and Recreation Association, SaskCulture, and Sask Sport Inc. has the goal of "Supporting Participation Free from Abuse, Harassment and Bullying". This goal will be met by offering a number of support services including: educational workshops on a variety of topics; support for leaders, coaches and instructors; and response procedures at the grassroots level. Sask Sport Inc. believes in offering sport programs that are healthy, safe and fun for all participants. The toll-free phone number for coaches, program leaders, and parents is 1-866-773-5777 or by email at RESupportline@redcross.ca. These support lines are available 24/7/365. Contact: Noreen Murphy at (306) 975-0898 or by email nmurphy@sasksport.sk.ca

KIDSPORT SASKATCHEWAN

www.kidsport.ca/sk

KidSport is a children's charity which assists children of families facing financial obstacles to participate in community sport programs so that all kids can play. The goal of KidSport is to provide these children with the opportunity to achieve physical, social, intellectual and moral development through participation in sport. If all children have the opportunity to play, learn self-respect, gain self-confidence, adopt active and healthy lifestyles, and realize dreams through sport, then these children may have a better chance of becoming contributing members and leaders in our communities. Provincial and Local KidSport chapters disburse grants (up to \$750) to support children and youth across the province. Application forms for financial assistance are available through the provincial office, toll-free at 1-800-319-GAME (4263), email kidsport@sasksport.sk.ca or by contacting Local KidSport Committees by visiting www.kidsport.ca/sk. Priority will be given to individual grant applications for children and youth from low income families between the ages of 5-18. Contact: Nathan Cole, KidSport Provincial Coordinator (306) 780-9345 or ncole@sasksport.sk.ca

DREAM BROKERS

www.sasksport.sk.ca/dreambrokers

The Dream Broker Program is a community development initiative which works to connect children and youth, who face barriers, to sport, culture, and recreation programming. Sask Sport Inc., SaskCulture Inc., Saskatchewan Parks and Recreation Association, and various key stakeholders work collectively to fund and support the program. Dream Brokers work with community organizations to assist them in addressing the needs of underserved children and youth, and encourage programs to create a welcoming environment where all participants feel comfortable. The Dream Broker Program has been active in Regina since

2005, Saskatoon since 2010, and has since expanded to Prince Albert, North Battleford and Yorkton. The Dream Broker Program provides multiple schools in the selected urban centers with access to services that connects economically disadvantaged children and youth to sport, culture and recreation activities. Contact Michel Mercredi, Community Development Consultant - Sask Sport Inc. (306) 975-3405 Fax: (306) 242-8007 mmercredi@sasksport.sk.ca

SPORT LEGACY FUND

www.sasksport.sk.ca/sportLegacy.php

The Sport Legacy Fund is a gift-giving program established for the continued and future development of amateur sport in Saskatchewan. It encourages those who have benefited from sport, or who believe in the value of sport, to give something back for current and future generations. Various tax deductible gift giving options are available. Amateur sport needs your support! Contact: Dean Kleisinger (306) 780-9336 dkleisinger@sasksport.sk.ca

WOMEN IN SPORT

www.sasksport.sk.ca/WISPAR

The Women in Sport program is designed to increase the number of women involved in sport at the community and high performance level in coaching and leadership roles. In partnership with organizations such as the Canadian Association for the Advancement of Women in Sport and Recreation (CAAWS), Saskatchewan Parks and Recreation Association, and Saskatchewan *in motion*, a variety of workshops and support materials are available. These workshops are created to be stand-alone events or as "value added" programs to existing conferences or special events. Contact: Noreen Murphy at (306) 975-0898 nmurphy@sasksport.sk.ca

CANADIAN SPORT CENTRE SASKATCHEWAN

www.csc-sask.ca

The Canadian Sport Centre Saskatchewan, as part of the Canadian Olympic & Paralympic Sport Institute (COPSI) Network, supports a world class training environment for high performance athletes. With the support of our partners, we deliver leading Sport Science and Medicine, Coaching Education and Life Services to support Canada's high performance athletes to achieve Olympic and Paralympic podium performances. Contact: Michelle Dezell (306) 975-0861 or mdezell@sasksport.sk.ca

ABORIGINAL SPORT ENHANCEMENT PROGRAM

www.sasksport.sk.ca/aboriginalSport.php

The Aboriginal Sport Enhancement Program is committed to raising the performance level of Aboriginal athletes and their development in high performance sport, and to increase the capacity of Aboriginal coaches, officials, and volunteers. The program is aimed at developing and preparing athletes for major competitions and multi-sport games, with a focus on the North American indigenous Games. It is also designed to support year round high intensity individual and sport specific training programs devoted to skill and fitness development and competition-specific training. The ASEP grant enables Aboriginal peoples to experience and enjoy sport involvement and perform consistently and successfully at high levels of sport competitions. For more information, visit www.sasksport.sk.ca/aboriginalSport.php

Contact: Amy Shipley, Community Development Consultant at (306) 975-0819 or ashipley@sasksport.sk.ca

ABORIGINAL COMMUNITY SPORT DEVELOPMENT GRANT PROGRAM (ACSDGP)

www.sasksport.sk.ca/funding.php

The Aboriginal Community Sport Development Grant Program provides community-based sport participation and development opportunities for Aboriginal youth in Saskatchewan. The program will assist and support the implementation of organized community sport programs for Aboriginal children and youth, specifically in urban, rural, on-reserve, isolated and northern communities. Support can be directed at offsetting equipment, league fees, facility access and volunteer development. Contact: Amy Shipley at (306) 975-0819 ashipley@sasksport.sk.ca or Wanda Cameron at (306) 975-0810 or email at wcameron@sasksport.sk.ca

TRIBAL COUNCIL AND FIRST NATIONS COORDINATOR PROGRAM

The Tribal Council and First Nations Sport, Culture and Recreation Coordinator Program (TCFN Coordinator Program) exists to build capacity within First Nations communities to increase access to, and participation in sport, culture and recreation, ultimately contributing to increased quality of life and grassroots development. 14 full-time Coordinators participate in the program to support 74 First Nation communities in the Province. The coordinators actively work with other delivery partners to facilitate relationships, build capacity and increase access to sport, culture and recreation programming. The program is also in place to support the team development for the First Nation Summer and Winter Games which supports the participation of approximately 3,500 athletes, 560 trained

coaches and over 1,500 volunteers every year. Contact: Michel Mercredi at (306) 975-3405 mmercredi@sasksport.sk.ca or Wanda Cameron at (306) 975-0810 wcameron@sasksport.sk.ca

ATHLETE OF THE MONTH AWARD

www.sasksport.sk.ca/awards.php
The Athlete of the Month Award is presented to a Saskatchewan athlete who has had an outstanding performance during a month. Nominations may be made by provincial sport organizations, the media or the public. All nominations are subject to approval by the provincial sport organization. The award is open to teams and to individuals who perform solo or on a team. Recipients may not win more than once every calendar year.

Contact: Joelle Buckle at (306) 975-0893 jbuckle@sasksport.sk.ca

SASKATCHEWAN SPORT AWARDS

www.sasksport.sk.ca/SportAwards
The Saskatchewan Sport Awards is an annual program designed to celebrate the outstanding achievements of Saskatchewan's amateur athletes, coaches, officials and volunteers and celebrates the many benefits of sport. Amateur athletes, coaches, officials and volunteers are nominated through their Provincial Sport Governing Bodies. For more information contact Noreen Murphy at (306) 975-0898 or by email at nmurphy@sasksport.sk.ca

DISPUTE RESOLUTION

Sask Sport membership conditions require Active and Affiliate Members to have Dispute Resolution and Harassment and Abuse policies and procedures. The purpose of this membership condition was to place our members in a position to manage or mitigate discipline concerns, complaints, dispute resolution or appeals using recognized fair and due process. To support this requirement, Dispute Resolution and Harassment and Abuse policy templates and procedures were by Sask Sport to assist our members. These comprehensive, user-friendly policies and procedures would also be of interest to many minor sport organizations to implement or reference in order to build their own. The Dispute Resolution policy suite consists of the following policy and procedure components:

- Discipline and Complaints Policy and Flowchart
- Appeal Policy and Flowchart
- Alternative Dispute Resolution (Mediation) Policy
- Code of Conduct Policy (designed to be inclusive and encompassing of all types of behaviors under one policy, and to be in effect for the Board of Directors, committees, other volunteers, coaches, managers, officials, parents and spectators
- Conflict of Interest Policy - as this is a key area where dispute situations often arise.

The policy resources can be accessed from www.sasksport.sk.ca/dispute.php

ONLINE VOLUNTEER TRAINING CENTRE (OVTC)

www.ovtc.sk.ca

Volunteers are the foundation of the amateur sport system in Saskatchewan. Sask Sport Inc. recognizes the importance of continuing to develop our volunteers ensuring that the next generation of volunteers has the skills required to meet future needs. The Online Volunteer Training Centre delivers key education and training opportunities throughout the volunteer system. Participants are able to select, register and complete an online training program at no charge. Contact: Noreen Murphy at (306) 975-0898 nmurphy@sasksport.sk.ca

SASKATCHEWAN SUMMER AND WINTER GAMES

www.saskgames.ca

The Saskatchewan Games provide an opportunity for the province's developing athletes, coaches, and officials to participate in a multi-sport event in preparation for a higher level of competition. The games not only compliment the Provincial Sport Governing Bodies long term athlete and coach developmental plans; they also enhance the host community through a sport legacy of upgraded equipment, facilities, experienced officials, and a core group of volunteers. The Saskatchewan Games motivate participants to achieve a higher level of sport skill and physical wellbeing. The next Saskatchewan Winter Games will be hosted in North Battleford in 2018. Contact: Mark Bracken, Executive Director, Saskatchewan Games Council (306) 780-9357 mbracken@saskgames.ca

SASKATCHEWAN DISTRICTS FOR SPORT, CULTURE AND RECREATION

www.sasksport.sk.ca/districts.php

There are seven Sport, Culture and Recreation Districts in Saskatchewan. Sask Sport Inc. in partnership with SaskCulture Inc. and Saskatchewan Parks and Recreation Association provides support to each District. The Districts are non-profit organizations governed by a volunteer board of directors. The mandate of the District organizations is to facilitate community development and coordinate District networks with the aim of enhancing access to sport, culture and recreation programs and services in the province. Districts help communities assess their needs and provide services and information to help them access a wide range of the sport, culture and recreation programs and services that can enhance quality of life and community vitality through increased participation.

Southeast Connection Sport, Culture and Recreation District

www.southeastconnection.ca

South West District for Culture, Recreation and Sport - www.gosouthwest.ca

Parkland Valley Sport, Culture and Recreation District - www.parklandvalley.ca

Prairie Central District for Sport, Culture and Recreation - www.pcdscr.ca

Rivers West District for Sport, Culture and Recreation - www.riverswestdistrict.ca

Lakeland District for Sport, Culture and Recreation - www.lakelanddistrict.ca

Northern Sport, Culture and Recreation District www.nscrd.com

PROVINCIAL SPORT GOVERNING BODIES

www.sasksport.sk.ca/psgbs.php

Provincial Sport Governing Bodies (PSGBs) foster, develop, promote and regulate the playing and officiating of their sport. They provide professional guidance, ensure safety, sanction events, oversee competition, provide insurance, set rules, raise money, acquire sponsorships and train athletes, coaches and officials.

Saskatchewan Archery Association

www.saskarchery.com

Saskatchewan Athletics

www.saskathletics.ca

Saskatchewan Badminton Association

www.saskbadminton.ca

Baseball Saskatchewan

www.saskbaseball.ca

Basketball Saskatchewan

www.basketballsask.com

Saskatchewan Baton Twirling

www.saskbaton.com

Saskatchewan Blind Sports Association

www.saskblindsports.ca

Bowls Saskatchewan Inc.

www.bowls.sk.ca

Bowling Federation of Saskatchewan

www.saskbowl.com

Boxing Saskatchewan Inc.

www.boxingsask.com

Saskatchewan Broomball Association

www.saskbroomball.ca

Canoe Kayak Saskatchewan

www.saskcanoe.ca

Coaches Association of Saskatchewan

www.saskcoach.ca

Saskatchewan Cheerleading Association

www.sca.ca

Saskatchewan Cricket Association

www.saskcricket.com

CurlSask

www.curlsask.ca

Saskatchewan Cycling Association

www.saskcycling.ca

Saskatchewan Darts Association Inc.

www.saskdarts.com

Dive Sask

www.divesask.ca

Saskatchewan Deaf Sports Association

www.saskdeafsports.ca

Saskatchewan Fencing Association

www.saskfencing.com

Football Saskatchewan

www.footballsaskatchewan.ca

Saskatchewan Golf Association

www.golfsaskatchewan.org

Gymnastics Saskatchewan

www.gymsask.com

Saskatchewan Hockey Association

www.sha.sk.ca

Saskatchewan Horse Federation

www.saskhorse.ca

Horseshoe Saskatchewan Inc.

www.saskhorseshoe.ca

Judo Saskatchewan

www.judosask.ca

Saskatchewan Karate Association

www.saskarate.com

Saskatchewan Lacrosse Association

www.sasklacrosse.net

Saskatchewan Martial Arts Association

<http://saskmaa.com>

Saskatchewan Racquetball Association

<http://racquetballsask.com>

Ringette Association of Saskatchewan

www.ringettesask.com

Saskatchewan Rowing Association

www.saskrowing.ca

Saskatchewan Rugby Union Inc.

www.saskrugby.com

Saskatchewan Sailing Clubs Association

www.sasksail.com

Saskatchewan Games Council

www.saskgames.ca

Saskatchewan High School Athletic Association - www.shsaa.ca

Skate Canada Saskatchewan

www.skatecanadasaskatchewan.com

Saskatchewan Skeet Shooting Association

www.shotgunsports.sk.ca

Saskatchewan Ski Association

www.saski.ca

Soaring Association of Saskatchewan

www.soar.sk.ca

Saskatchewan Soccer Association

www.sasksoccer.com

Softball Saskatchewan

www.softball.sk.ca

Special Olympics Saskatchewan Inc.

www.specialolympics.sk.ca

Saskatchewan Amateur Speed Skating Association - www.saskspeedskating.ca

Saskatchewan Sports Hall of Fame

<http://sasksportshalloffame.com>

Sport Medicine and Science Council of Saskatchewan - www.smscs.ca

Sport Parachute Association of Saskatchewan Inc. - www.skydive.sk.ca

Saskatchewan Squash Inc.

www.sasksquash.com

Swim Saskatchewan Inc.

www.swimsask.ca

Synchro Saskatchewan

www.synchrosask.com

Saskatchewan Table Tennis Association

www.ttsask.ca

Saskatchewan Taekwondo Inc.

www.saskwtf.com or www.saskgkf.com

Saskatchewan Target Shooting Association

www.saskhandgun.ca

Saskatchewan Team Handball Federation

www.saskhandball.com

Tennis Saskatchewan

www.tennissask.com

Saskatchewan Amateur Trapshooting Association - www.shotgunsports.sk.ca

Saskatchewan Triathlon Association

www.triathlonsaskatchewan.org

Saskatchewan Ultimate Players Association

<http://saskultimate.com/>

University of Regina, Faculty of Kinesiology and Health Studies

www.uregina.ca/kinesiology

University of Saskatchewan, College of Kinesiology - www.usask.ca/kinesiology

Saskatchewan Volleyball Association

www.saskvolleyball.ca

Water Polo Saskatchewan

www.wpsask.ca

Water Ski and Wakeboard Saskatchewan

www.wswsask.com

Saskatchewan Weightlifting Association

www.saskweightlifting.com

Saskatchewan Wheelchair Sports Association

www.swsa.ca

Saskatchewan Amateur Wrestling Association

www.saskwrestling.com

