

Keep Sport

HEALTHY, SAFE & FUN!

As a general rule, harassment can be considered a comment, conduct, or gesture directed toward an individual or group which is insulting, intimidating, humiliating, malicious, degrading or offensive.

If you're a **PARENT OR GUARDIAN**, you can help prevent harassment.



✓ **Inquire whether the coach is certified** and a member of a Provincial Sport Governing Body with a code of ethics and harassment policy.

✓ **Ensure that a pre-season meeting is held** with parents, athletes, coaches and board members to discuss acceptable boundaries of behaviour for everyone involved.

✓ **Maintain open and honest communication with your child** to discuss acceptable boundaries of behaviour and with the coach to ensure that any concerns are addressed.

✓ **Try to attend practices and games whenever possible**; if private practices are held, ask for an explanation; be aware of extra time that the coach may be spending alone with your child.



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A Federation of Provincial Sport Governing Bodies



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